



St Joseph's Primary School

80 Palace Denman NSW 2328

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Newsletter

Term 4 Week 7

25th November 2019

What's On at SJD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25/11 Walk to School	26/11 DIO Public Speaking	27/11 Yr 6 Rotary Dinner at Denman RSL 6.30pm	28/11 NO School Banking	29/11
S C H O O L S W I M M I N G				
2/12 Walk to School	3/12 P & F Meeting 3.15pm in the Library	4/12 Life Education Van Teenage Years with School Counsellor 3.30pm Kinder Orientation Session 6 9am to 3pm	5/12	6/12 SCHOOL SWIMMING CARNIVAL
9/12 Walk to School	10/12 School Presentation Night 6pm Denman RSL	11/12 End of Year Mass 9.30am	12/12 Yr 6 Graduation Dinner 6pm School Hall Final Day for School Banking	13/12 Kinder Assembly Reward Day #bustthedust Raindance 1pm Lyn Moore Retirement High Tea 2pm
16/12 Walk to School	17/12 Student's Final Day	18/12	19/12	20/12

From The Principal, Mrs Helen Whale.....

Our thoughts and prayers are with Toby Jamieson and his family this week after the sudden death of his grandfather.

Eternal rest grant unto him O Lord and let perpetual light shine upon him. May he rest in peace. Amen.

My wellbeing is certainly on a high after being part of the “Grow Your Mind” performance last week. The students’ faces were radiant as they delivered their very important message to us all. Their wellbeing lessons have been reinforced as they co-wrote the script, practised and finally performed for the audience.

Grow Your Mind is based on a resource used at our school to help build wellbeing. It is about understanding the parts of our brain and how they interact to help us be fully functioning people. It is also about explaining to us all how our amygdala (the guard dog), sends fight and flight messages to us, and can become too big and smothers the other parts of our brain.

It is really important that we all learn how to calm our “guard dog” and allow the rest of the brain to do its very important work.

The play helps us to understand how mindfulness can help us solve our everyday problems and to make calm, considered decisions.

We learned some simple techniques for dealing with annoying situations. Keeping the guard dog in check and how to stop bullying by being active – rather than being a bully-bystander.

Thank you to the following:

Muswellbrook Shire Council for their assistance with hiring the wonderful Denman Memorial Hall.

Mrs Kerrigan for her expert ASPIRE assistance to write and produce the plays.

Miss Lanzon for her expert skills in play direction and production.

Miss Barnett for her backdrop production

Kimberley Vincin, Annita Kirby and Shelly Hill for the wonderful assistance with costumes

Baerami Olives and Hunter Valley Liqueurs for donation of the lucky door prize

The staff for the hours of preparation and collaboration that has gone on behind the scenes for the past weeks.

The students for participating whole heartedly in all aspects of the production

The parents and other friends for being a wonderful audience and for your positive comments on our facebook page – You have lifted our hearts. THANK YOU!

Congratulations to Charlotte Head in Year 3 who represented the school at Diocesan level for the Spelling Bee at St Catherine’s in Singleton last week. Charlotte was a fabulous competitor and was only stumped by the word CONSTELLATION which is difficult for Year 3. Charlotte can certainly spell it correctly now! Charlotte placed 5th overall. We are all proud of you Charlotte.

Best wishes to Quinn Peek who is competing at the Diocesan Public Speaking in Newcastle tomorrow.

From The Principal, Mrs Helen Whale..... continued

Staffing for next year is still being sorted out. We will give you full details when we have them available. What we do know is that Kindergarten will be taught by Mrs Lovegrove and 5/6 will be taught by Miss Walters.

Reports will be coming out in Week 8 with the opportunity for parent interviews in Week 9. Please take a moment to look at what each of the grades in the A-E scale mean. A national approach requires all States and Territories to report student achievement using a 5 point rating.

Achieving a “C” in any subject indicates that the student has learned the content necessary to satisfy the course requirements. “C” does not mean the student has done poorly in that area.

Describe this achievement level	Using this word	And/or this letter
The student has an extensive knowledge and understanding of the content and can readily apply this knowledge. In addition, the student has achieved a high level of competence in the processes and skills and can apply these skills to new situations.	Outstanding	A
The student has a thorough knowledge and understanding of the content and a high level of competence in the processes and skills. In addition, the student is able to apply this knowledge and these skills to most situations.	High	B
The student has a sound knowledge and understanding of the main areas of content and has achieved an adequate level of competence in the processes and skills.	Sound	C
The student has a basic knowledge and understanding of the content and has achieved a basic level of competence in the processes and skills.	Basic	D
The student has an elementary knowledge and understanding in few areas of the content and has achieved very limited competence in some of the processes and skills.	Limited	E

Volunteer Afternoon Tea

All volunteers and helpers of SJD are invited to an afternoon tea to thank you for giving up your time to help out at school or at school events.

Afternoon tea will be provided by the staff and served in the hall on 9th December from 2.30pm to 3.30pm.

Please come along to allow us to thank you for your support and time. We hope to see you there!

For catering purposes please RSVP to Virginia in the office by Thursday 4th December.

From The Assistant Principal, Mrs Michelle Lovegrove.....

Wellbeing at SJD

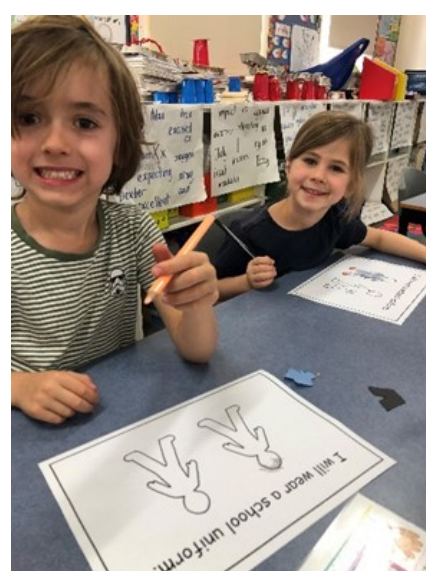
This week is wellbeing week. As we have intensive swimming this week we have decided not add anything extra into our days. This will be a great opportunity to have some down time with your children as we approach that busy time of the year. We are still looking to have parents come into school towards the end of the term to help create Grow Your Mind puppets for classroom resources. Please check next week's newsletter for more information on this.

Kindergarten Orientation at SJD

Orientation last week involved lots of play with Kindergarten and some time talking about what big school will be like next year.

The parents had a terrific session with a Speech Pathologist learning about the development of speech. We look forward to seeing everyone for our last orientation on Wednesday 4th December. This is a full day from 9am to 3pm.

If you know of any other students who are ready for Kindergarten next year please encourage them to contact the school, we would love to include them in our last orientation session.

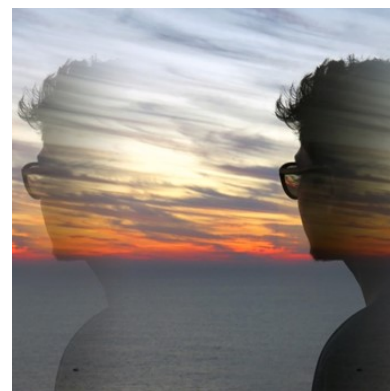


REC, Miss Natalie Walters.....

Sunday Gospel (Christ the King)

The soldiers also mocked Jesus, coming up and offering him sour wine, and saying, 'If you as the King of the Jews, save yourself!' There was also an inscription over him, 'This is the King of the Jews'.

(Luke 23: 36 – 38).



Reflection

When Jesus, our King, was on the cross, his arms were stretched out like this, so he was in the shape of a cross, and this is the shape of welcoming love.

Questions of the Week

Adults - Following the example of Jesus, what is the best way to exercise your authority over others?

Young People - How can young people find comfort in following a 'failed' King?

Children - What qualities would a good leader have?

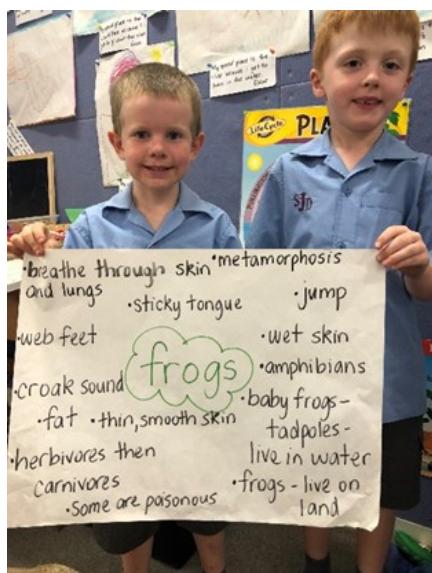
Which of these are you trying to develop?

Kindergarten News

The Kindergarten students have been working very hard to improve their writing skills. This term we are focusing on writing information reports. Prior to writing the reports the class researched frogs and then brainstormed what they found out about frogs. The students have written some very impressive reports about frogs.

We have also been working on writing recounts and the students have improved greatly in writing about their weekends.

The character strengths of love of learning and perseverance are certainly shining through in Kindergarten this term!



Frogs are amphibians. They eat bugs. Frogs look like lizards. Frogs live in streams. By Annabel

Frogs are amphibians and frogs have green skin and web feet. Frogs are poisonous. Frogs live in water and on land. Frogs eat bugs. By Sam N

Frogs are amphibians. Frogs are green. Frogs eat bugs. Frogs need insects to survive. Frogs jump on lily pads. By Matilda

On Sunday I stayed at home and played on the iPad and after I got off the iPad I played with my brother. By Quinn

On the weekend I went to Muswellbrook and went to the Lizard Park. By Sam B

Frogs are amphibians. Frogs make a croak sound. Frogs eat bugs. By Clayton

On the weekend I went to Joy's house. By Koby

On the weekend I went to the pool for swimming lessons. After I went home. By Ace

Frogs are amphibians. Frogs can jump. Frogs eat flies. By Levi

I went to the farm on Saturday. After I went home. By Kelsey

I went to Sydney and we took Mick's trailer. Then we went to Nathan's and then we went home. By Cole

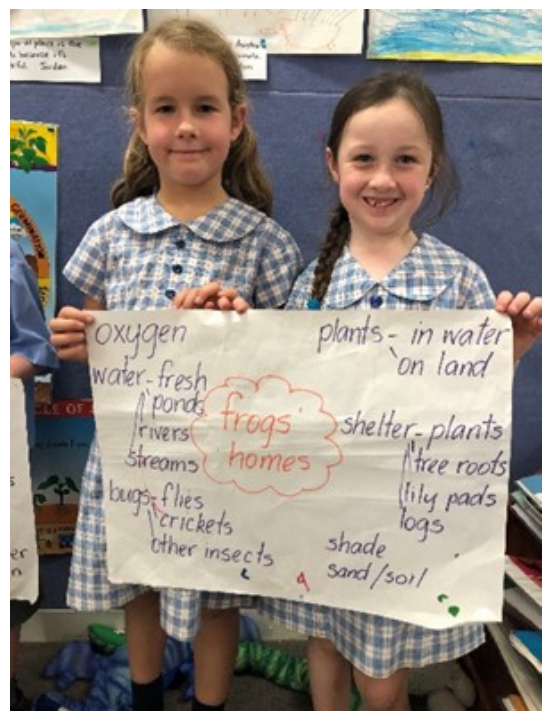
On the weekend I went to the pool and I did a back flip and I went back home. I watched TV and then I went into my room. After that I played. Next I went to the park. By Brendan

On the weekend I went to the fish store. By Jordan

On the weekend I went to the beach. By Grace

On my weekend I went to the pool. Then I went to the shop. Next I went back home. After that I went to sleep. By Oscar

Frogs are amphibians. Frogs are green. Frogs are wet. Frogs are slimy. Frogs eat slugs. Frogs are tadpoles. By Blair



Frogs are amphibians. They live in ponds and they eat bugs. They have wet skin. By Carter

RETIREMENT HIGH TEA



**You're Invited to Celebrate with Us the Many Years
of Service by Mrs Lyn Moore at St Joseph's Denman**

Friday 13th December 2019 2pm

LOCATION: St Joseph's, 80 Palace St Denman

RSVP by 29th November

02 6547 2496

virginia.chapman@mn.catholic.edu.au

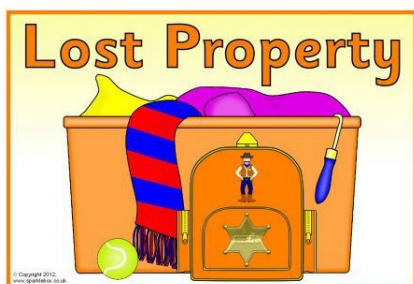
From the P & F.....

Thank you to Shelly Hill for volunteering to do canteen on Monday December 2nd.

Thank you to the small handful of people who have given up their time this year to volunteer in the canteen, if we cannot get any new families for next year we may have to have look at further reducing opening days.

Term 4 Canteen 2019	
Date	Name
18 th November	Amanda Thompson
2 nd December	Shelly Hill
9 th December	Julie Power
16 th December	

Cattle Sales			
Date	Serve	Slice	Slice
22nd November	Lillian Hagan	Lillian Hagan	
20th December			



Located in the office & currently overflowing with clothes. If your child has lost some clothing be sure to have a look.

At the end of the term all unclaimed clothing will be donated to the P & F 2nd hand clothing pool

The Diocese of Maitland - Newcastle helps the families in Upper Hunter Catholic schools during these very difficult drought times.

As the new fee schedule for 2020 is being finalised at the CSO, it is very gratifying to learn that the 2020 increase in the Family Building Levy will not be passed on to Upper Hunter Schools. This is a very real effort of the Diocese to show their support for the communities most affected by this devastating drought.

Furthermore, families experiencing great difficulty paying full fees are urged to seek assistance. If you are impacted by real financial hardship, please make an appointment to speak with me.

No child will be denied a Catholic education by their capacity to pay full fees.